



# Epping Forest Health & Wellbeing Strategy 2022-26

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Essex County Council



Essex Partnership University  
NHS Foundation Trust



West Essex  
Health and Care  
Partnership



Epping Forest  
District Council  
[www.eppingforestdc.gov.uk](http://www.eppingforestdc.gov.uk)



New City  
College



Epping Forest  
District



Active Essex

CHANGING 1 MILLION LIVES



# Consultation & Insight



- Face to face focus groups with Community Champions representing communities district-wide
- Public consultation via an on-line questionnaire
- Engagement with the Epping Forest Youth Council
- Facilitated Community & Wellbeing Directorate input via workshops and discussion groups
- A stakeholder consultation event hosted at the Civic Offices attended by 55 representatives from 30 organisations, including the community and voluntary sector.

# Data & Strategic context

- Essex County Council Joint Strategic Needs Assessment (JSNA)
- Department for Levelling Up, Housing and Communities and Ministry of Housing, Communities & Local Government – 2019 English indices of deprivation
- Office for Health Improvement & Disparities – Local Health Profiles for England
- Hertfordshire Health Evidence – District Profiles

## Key Strategies

- Epping Forest District Council Corporate Plan 2023-27
- Essex Joint Health and Wellbeing Strategy 2022-26
- Herts & West Essex ICB 10 strategic year plan
- Levelling Up Essex – A white paper



# Key Strategic Priorities

## Reducing Health Inequalities

Improve Mental Health  
& Wellbeing

Reduce Loneliness &  
Social Isolation

Increase Physical  
Activity

Support Residents in  
Relation to the Rising  
Cost of Living

Tackle Alcohol &  
Substance Misuse  
Issues

# Principles

## A Whole System Approach



Robert Wood Johnson Foundation 2021



# Principles cont.....

Prevention & Early Intervention

Self-Care & Management of Own Wellbeing

Place-Based Approach

Life-Course Approach



# Epping Forest Health & Wellbeing Board



Healthy  
Behaviours  
Action  
Group

Socio -  
Economic  
Action  
Group

Clinical  
Care  
Action  
Group

Built  
Environment  
Action  
Group



# Action Group Membership

## Healthy Behaviours

### Board Representative:

**Rachel Lewis – ECC Active Essex**

- ECC Active Essex
- EFDC – Community Culture & Wellbeing
- Essex Child & Family Wellbeing Service
- Mind in West Essex
- VAEF
- Essex Wellbeing Service
- EPUT
- ECC Social Care
- Places Leisure
- Red Balloon Foundation
- EFDC – Public Health
- Other TBC

## Socio Economic

### Board Representatives:

**Jo O’Boyle – Citizens Advice  
Cllr Holly Whitbread – ECC  
Caroline Wiggins – EFDC**

- EF Citizens Advice
- EFDC – Community & Culture
- New City Collage
- EFDC – Economic Development
- VAEF
- Essex Wellbeing Service
- ECC- Adult Social Care
- EFD Chamber of commerce
- Department for Work & Pensions
- EPUT
- EFDC – Public Health
- Other TBC

### Community Safety Partnership

Chair – Cllr Holly Whitbread  
Specialist – Caroline Wiggins

## Clinical Care

### Board Representatives:

**Jessica Steele – ICB Primary Care Transformation  
Amy Jackson – ICB Interim Assistant Director Transformation**

### Epping North PCN - Health Inequalities

Lead – Dr Kataria

### Epping North - Integrated Neighbourhood Team

Lead – Sara Chaudhry

### LBC Health Inequalities and Partnership Working

Lead – Dr Lasker

### LBC - Integrated Neighbourhood Team

Lead – Sara Chaudhry

## Built Environment

### Board Representative:

**TBC**

- Harlow & Gilston Garden Town
- EFDC – Sustainable Transport Officer
- EFDC Planning Implementation
- Country Care
- EFDC Land & Estates
- EFDC Climate Change Officer
- EFDC Planning Policy
- ICB Built Environment Lead
- EFDC – Clean Air Officer
- City Of London
- Essex Wildlife Trust
- EFDC – Public Health
- Other TBC

# Ninefields Waltham Abbey



- Key successes:
  - Half a million pound of investment
  - 1,333 doorstep interactions
  - 18 new projects and initiatives started
  - 20 different partners engaged in area
  - Over 900 residents directly engaged in projects
  - 165 most vulnerable residents supported by Financial Wellbeing Hub
  - Recruitment of Court and Road Champions to build on success





# Thank you Questions?